

## **Northern Shield Completes Reconnaissance of PGE Targets in Labrador Trough, Quebec**

**Ottawa, Ontario (July 14, 2014)** - Northern Shield Resources Inc. ("Northern Shield") [TSXV: NRN] is pleased to announce that it has completed the first phase of this seasons exploration for PGE and Ni-Cu-PGEs in the Labrador Trough.

Much of the exploration focused on sampling and evaluating three new properties (see press release dated June 18<sup>th</sup>) and other target areas identified by Northern Shield as being prospective for PGEs and Ni-Cu-PGEs. All 195 samples collected during the first phase have been sent for analysis and assays are pending. Based on field observations the company has acquired further claims in the area.

Follow-up exploration from this first phase, as well as further exploration on the 100% owned Idefix and Brian properties, is planned to commence in about two weeks.

Northern Shield Resources Inc is a Canadian-based mineral exploration company built around its platinum group element (PGE) expertise which forms the basis of its exploration in eastern Canada.

### **Northern Shield Resources Inc.**

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### ***Forward-Looking Statements Advisory***

This news release contains statements concerning the exploration plans, results and potential PGE and Ni-Cu-PGE and other mineralization at the Company's Labrador Trough properties, geological, and geometrical analyses of the Labrador Trough properties and comparisons of the properties to other known Ni-Cu-PGE deposits, and other expectations, plans, goals, objectives, assumptions, information or statements about future events, conditions, results of exploration or performance that may constitute forward-looking statements or information under applicable securities legislation. Such forward-looking statements or information are based on a number of assumptions, which may prove to be incorrect.

Although Northern Shield believes that the expectations reflected in such forward-looking statements or information are reasonable, undue reliance should not be placed on forward-looking statements because Northern Shield can give no assurance that such expectations will prove to be correct. Forward-looking statements or information are based on current expectations, estimates and projections that involve a number of risks and uncertainties which could cause actual results to differ materially from those anticipated by Northern Shield and described in the forward-looking statements or information. These risks and uncertainties include, but are not limited to, risks associated with geological, geometrical and geophysical interpretation and analysis, the ability of Northern Shield to obtain financing, equipment, supplies and qualified personnel necessary to carry on exploration and the general risks and uncertainties involved in mineral exploration and analysis.

The forward-looking statements or information contained in this news release are made as of the date hereof and Northern Shield undertakes no obligation to update publicly or revise any forward-looking statements or information, whether as a result of new information, future events or otherwise, unless so required by applicable securities laws

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