

## **Northern Shield Provides Updates on Exploration at Max and Wabassi Properties. Drilling Resumes at Max after Nickel Mineralization Identified**

**Ottawa (September 8, 2008)** – Northern Shield Resources Inc. ("Northern Shield") (TSX-V: NRN) is pleased to announce that the first phase of drilling at Max has been completed with four holes drilled and a second phase of drilling has commenced. Northern Shield has the option to earn up to a 66% interest in the Max property from East West Resource Corporation ("East West") (EWR – TSX-V). All three holes drilled on the main target at Max intersected a mafic-ultramafic intrusion composed of peridotite, olivine-gabbro and troctolite. Two of the drill-holes (08MX-01 and 02) intersected local concentrations of disseminated chalcopyrite (copper sulphide), pentlandite (nickel sulphide), millerite (nickel sulphide) and chromite over very short intervals (< 1 m). Millerite is a very nickel-rich sulphide which generally forms from the remobilization of pentlandite. The location of the millerite suggests greater volumes of pentlandite may be located within the intrusion. The mineralized intersection in hole 08MX-02 is interesting in that only chalcopyrite and pentlandite were observed with none of the usual accompanying pyrrhotite (iron sulphide). If the EM anomaly currently being tested is of similar composition, it would be favourable to higher grade nickel-copper mineralization.

A fourth hole was drilled along a dyke that connects Max to the Wabassi North Target. Numerous fragments of massive pyrrhotite were seen throughout the core of this hole suggesting possible massive sulphides at depth from which the sulphide fragments originate.

Less than one-third of the assays from the drilling at Max have been received to date. The assays report low grade nickel and copper mineralization with up to 0.26% Ni and 0.12% Cu. The mineralization occurs along strike from the strongest portion of an airborne EM anomaly and occurs near the contact of the ultramafic intrusion. Drilling has now resumed at Max to test this conductor. Diagrams and images of the core can be seen on the company's website.

"The identification of small patches of net-textured nickel and copper sulphides, and in particular, the coarse, discrete grains of pentlandite proximal to a relatively strong conductor is very encouraging," says Northern Shield president and CEO, Ian Bliss. "The presence of the pentlandite and chalcopyrite without any dilutive pyrrhotite, bodes well for the potential of a high-grade source at depth."

Northern Shield also drilled a hole at its Wabassi North target. The drilling confirmed this body to be a mafic-ultramafic intrusion and hence likely part of the feeder conduit between Max and the main Wabassi intrusion to the east of Max. An airborne EM survey is now being planned for Wabassi and Wabassi North to be followed by drilling.

The drill is to be moved to Eastbank on completion of the drilling at Max and Wabassi.

The drill program is being overseen by Christine Vaillancourt, Northern Shield's Chief Geologist, who is a Qualified Person under National Instrument 43-101. Core samples were analysed by Accurassay laboratories in Thunder Bay, Ontario for Au, Pt, Pd by Fire Assay with ICP finish and for base metals and other elements by four acid digestion and ICP finish.

The "Max" nickel-copper-PGE prospect is located adjacent to Northern Shield's 100% owned Wabassi property in northwestern Ontario. Under Northern Shield's option agreement with East West Resource Corporation, Northern Shield is the operator and manager of exploration at Max and has the right to option to earn up to 66% interest in the property Northern Shield is exploring its Wabassi property for nickel-copper-(PGE) mineralization, and believes that the Wabassi north and East West's Max targets are parts of a feeder conduit to the main Wabassi intrusion.

Northern Shield is an innovative, results-driven Canadian company focused on diamond and Platinum Group Element (PGE) exploration in Ontario. Its mission is to create a successful mineral exploration company through technical excellence and efficient management, where success is measured by the identification and development of high-quality mineral exploration projects, which may ultimately be optioned, sold or developed for maximum return on investment. For further information on Northern Shield and its properties, please visit our website at [www.northern-shield.com](http://www.northern-shield.com) or contact:

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***Forward-Looking Statements Advisory***

This news release contains statements concerning the potential for nickel, copper, PGE and other mineralization at Max and Wabassi, geological, geophysical and/or geometrical analyses of the Max and Wabassi properties, planned exploration and the timing thereof and other expectations, plans, goals, objectives, assumptions, information or statements about future events, conditions, results of exploration or performance that may constitute forward-looking statements or information under applicable securities legislation. Such forward-looking statements or information are based on a number of assumptions which may prove to be incorrect.

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The forward-looking statements or information contained in this news release are made as of the date hereof and Northern Shield undertakes no obligation to update publicly or revise any forward-looking statements or information, whether as a result of new information, future events or otherwise, unless so required by applicable securities laws.

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