

Northern Shield Resources Mobilizes Auger Drill to Gold Prospect in Northern Ontario

Ottawa, Ontario - November 9, 2009 – Northern Shield Resources Inc. ("Northern Shield") (TSX-V: NRN) is pleased to announce that it has commenced a deep overburden sampling program at its 100% owned Faint Hope gold prospect located north of Cochrane, Ontario which is being explored for Homestake-style gold mineralization. The property, which consists of 6 contiguous claims, covers what is interpreted from airborne geophysics to be a heavily faulted diorite intrusion and iron-formation sitting in the middle of prominent, east-west regional-scale structural zone. The property is surrounded to the east and west by claims staked by Lakeshore Gold Inc.

A self-propelled auger drill has been mobilized to the property in order to collect till samples from as deep in the overburden as possible, ideally at the bedrock-overburden interface. Previous collected soil samples analyzed by the selective leach method showed elevated gold values over certain portions of the property. The deep overburden sampling is designed to follow up on these results by providing more quantitative results that will be used to direct further exploration and drilling on the Faint Hope property.

The project is being overseen by Christine Vaillancourt, Northern Shield's Chief Geologist and a Qualified Person under National Instrument 43-101.

Northern Shield is an innovative, results-driven Canadian company focused on Platinum Group Element (PGE) exploration in Ontario. Its mission is to create a successful mineral exploration company through technical excellence and efficient management, where success is measured by the identification and development of high-quality mineral exploration projects, which may ultimately be optioned, sold or developed for maximum return on investment. For further information on Northern Shield and its properties, please visit our website at www.northern-shield.com or contact:

For further information please contact:

Northern Shield Resources Inc.

Ian Bliss

President and CEO

Tel.: (613) 232-0459

Fax: (613) 232-0760

info@northern-shield.com

Forward-Looking Statements Advisory

This news release contains statements concerning the potential for gold mineralization at the Faint Hope property, geological, geophysical and/or geometrical analyses of the Faint Hope property, and other expectations, plans, goals, objectives, assumptions, information or statements about future events, conditions, results of exploration or performance that may constitute forward-looking statements or information under applicable securities legislation. Such forward-looking statements or information are based on a number of assumptions which may prove to be incorrect.

Although Northern Shield believes that the expectations reflected in such forward-looking statements or information are reasonable, undue reliance should not be placed on forward-looking statements because Northern Shield can give no assurance that such expectations will prove to be correct. Forward-looking statements or information are based on current expectations, estimates and projections that involve a number of risks and uncertainties which could cause actual results to differ materially from those anticipated by Northern Shield and described in the forward-looking statements or information. These risks and uncertainties include, but are not limited to, risks associated with geological, geometrical and geophysical interpretation and analysis, the ability of Northern Shield to obtain financing, equipment, supplies and qualified personnel necessary to carry on exploration and the general risks and uncertainties involved in mineral exploration.

The forward-looking statements or information contained in this news release are made as of the date hereof and Northern Shield undertakes no obligation to update publicly or revise any forward-looking statements or information, whether as a result of new information, future events or otherwise, unless so required by applicable securities laws

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